

# East Coast Course Schedule 2009

## Harrisburg, PA

At West Shore Sportsmen's Association and other locations in Harrisburg, PA

### General Defensive Handgun \$350

April 25-26      July 25-26      September 26-27

### Intensive Handgun Skills \$600

October 2-4

### General Defensive Rifle \$350

June 27-28

### Street & Vehicle Tactics \$600

June 5-7

### Defensive Folding Knife \$175

December 4

### Defensive Folding Knife II \$350

December 5-6

## Rochester, NY

### Defensive Folding Knife \$175

March 20

### Unarmed Self-Defense \$300

March 21-22

### Ground Fighting \$175

July 31

### Defense Against Weapons \$350

August 1-2

### General Defensive Handgun \$350

May 30 & 31

### General Defensive Shotgun \$350

June 27-28

### Close Quarters Confrontations \$600

October 10-12

## To Sponsor a Class

1. Pick the class or classes that would best suit the people in your area.
2. Find the location.
3. Get the word out to local gun shops, gun clubs, and other interested parties.

And then YOU train for FREE! We will also be able to advertise the class through our website and mailing lists.

Contact us and we can help you get it started!

## To Register for a Class

Use our secure server: [www.InSightsTraining.com](http://www.InSightsTraining.com)

Call:

425.827.2552

Fax:

425.650.6792

E-mail:

[info@insightstraining.com](mailto:info@insightstraining.com)

Mail:

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