



# 2011 East Coast Course Schedule

## Harrisburg, PA

At West Shore Sportsmen's Association and other locations in Harrisburg, PA

### General Defensive Handgun \$350

May 14-15      July 30-31      October 1-2

### Intensive Handgun Skills \$600

September 9-11

### General Defensive Rifle \$350

October 22-23

## Winchester, VA

Echo Valley Training, Winchester, VA

### General Defensive Handgun \$350

June 4-5      September 24-25

### General Defensive Rifle \$350

June 25-26

## To Sponsor a Class

1. Pick the class or classes that would best suit the people in your area.
2. Find the location.
3. Get the word out to local gun shops, gun clubs, and other interested parties.

And then YOU train for FREE! We will also be able to advertise the class through our website and mailing lists.

Contact us and we can help you get it started!

## Rochester, NY

Unless otherwise noted, all classes are at:  
Genesee Conservation League  
1370 Old Penfield Rd  
Penfield NY, 14625

### Ground Fighting \$175

February 21

### Defense Against Weapons \$350

February 19-20

### General Defensive Handgun \$350

March 12-13

## To Register for a Class

Use our secure server: [www.InSightsTraining.com](http://www.InSightsTraining.com)

Call:

425.827.2552

Fax:

425.650.6792

E-mail:

[info@InSightsTraining.com](mailto:info@InSightsTraining.com)

Mail:

InSights Training Center, Inc.

PO Box 3585

Bellevue, WA 98009-3585