



2010 West Coast Course Schedule

Basic Handgun 1 Day \$185 WCA

March 28 May 15 August 14
April 3 June 6 September 11
April 10 June 12 October 9
May 1 July 10 November 13
May 8

Basic Handgun 3 Evenings—7p–10p \$185 WCA

April 13, 20, 27 June 8, 15, 22 July 7, 14, 21
May 4, 11, 18

General Defensive Handgun \$350 WCA

April 10–11 August 14–15 December 11–12
May 8–9 September 11–12
June 12–13 October 9–10
July 10–11 November 13–14

Intermediate Defensive Handgun \$600 WCA

April 16–18 October 15–17

Intensive Handgun Skills \$600 WCA

August 20–22 November 19–21

Utah Concealed Firearm Permit \$150

April 24 9a–1p WCA
May 15 9a–1p NRA
June 5 9a–1p WCA

Defensive Rifle Design \$75 7p–10p WCA

March 29

General Defensive Rifle \$350

April 24–25 WCA
June 26–27 CSF
November 6–7 WCA

Intermediate Defensive Rifle \$600 CSF

July 30–August 1

General Defensive Shotgun \$350 WCA

March 20–21

Shooting Leagues Wednesday Evenings Level I & Level II, Women's & Co-ed \$12

April 7, 14, 21, 28, May 5, 12, and fun shoot May 19

Unarmed Self-Defense \$275 IPD

March 13–14 July 10–11 November 13–14
May 8–9 September 11–12

Unarmed Self-Defense II \$350 IPD

December 4–5

Defensive Folding Knife \$175 IPD

April 10 August 14 December 11
June 11 October 9

Defense Against Weapons \$350 IPD

May 15–16

Impact Weapons: Cane, Umbrella, Walking Stick \$175 IPD

April 11

Street & Vehicle Tactics \$600 WCA

June 25–27

1911 Maintenance \$75 7p–10p WCA

April 1

GLOCK Maintenance \$75 7p–10p WCA

April 22

To Register for a Class

Use our secure server: www.InSightsTraining.com

Call: 425.827.2552

Fax: 425.650.6792

E-mail: info@InSightsTraining.com

Mail:

InSights Training Center

PO Box 3585

Bellevue, WA 98009-3585

Course Locations

Unless otherwise noted, all classes are 8am–6pm

WCA: West Coast Armory Indoor Range
13216 SE 32nd St, Bellevue, WA 98005

IPD: Issaquah Police Dept. and City Hall
130 E Sunset Way, Issaquah, WA 98027

CSF: Cascade Shooting Facilities

Ravensdale, WA (formerly Cascade Rifle & Pistol Club)

NRA: Norpoint Range

8620A 172nd St NE, Arlington, WA 98223